

**ADHS Guidance for Teen Pregnancy Prevention Programs  
TOP® Changing Scenes Curriculum© Lessons for  
Implementation of Sexual Health & Development Topics**

The Arizona Department of Health Services (ADHS) has developed the following guidance for programs implementing the Teen Outreach Program®. ADHS has determined that the following Sexual Health & Development Topics need to be addressed by all teen pregnancy prevention contractors.

When scheduling lessons, facilitators must include **ALL** five (5) Sexual Health & Development Topics. Each contractor will have the flexibility of selecting at least one lesson to implement under each Sexual Health & Development Topic. For example:

- If a TOP Club will be receiving only one level of curricula, schedules must include each of the 5 Sexual Health & Development Topic areas listed and at least one lesson from each of the listed 5 topic areas.
- If a TOP Club will be receiving a mix of lessons from more than one level of curriculum, schedules must include each of the 5 Sexual Health & Development Topic areas and at least one lesson from each of the listed 5 topic areas. For example, after determining the need of the youth, a Club will receive a mix of Level 1, Level 2, and Level 3 curricula. The facilitator may choose to deliver Development Level 1, Lesson 16-Body Clock; Healthy Relationships Level 2, Lesson 20-Drawing the Line; Sexuality Level 2, Lesson 23 Introduction to Sexuality; STI level 3, Lesson 23-STI Handshake; and Contraception Level 3 Lesson 22-Basics of Contraception.

\* For Title V Abstinence and Lottery Abstinence programs: Wyman states that “for programs whose core value is “abstinence only” it is allowable to omit lessons that address contraception and STD prevention. While those lessons may be omitted, they are not to be supplanted.” Per ADHS guidance, the other three (3) Sexual Health & Development Topics must be incorporated into schedules.

<b>Sexual Health &amp; Development Topic</b>	<b><i>Changing Scenes© Level 1</i></b>	<b><i>Changing Scenes© Level 2</i></b>	<b><i>Changing Scenes© Level 3</i></b>	<b><i>Changing Scenes© Level 4</i></b>
<b>Development</b>	<u>Lesson 15</u> <i>Introduction to Adolescent Development: Reproduction Review</i>  <u>Lesson 16</u> <i>Body Clock</i>  <u>Lesson 17</u> <i>Introduction to Emotional &amp; Social Changes: Name Your Feelings</i>	<u>Lesson 13</u> <i>Health &amp; Hygiene</i>	<u>Lesson 13</u> <i>Exploring Feelings</i>	<u>Lesson 17</u> <i>Defining Sexuality</i>

<b>Healthy Relationships</b>	<u>Lesson 18</u> <i>Introduction to Relationships: What is a Friend?</i>  <u>Lesson 20</u> <i>Drawing the Line</i>  <u>Lesson 24</u> <i>Introduction to Influence: Who Influences You and Why?</i>	<u>Lesson 16</u> <i>Introduction to Relationships: Making Friends</i>  <u>Lesson 17</u> <i>Introduction to Romantic Relationships</i>  <u>Lesson 22</u> <i>Social Pressures</i>	<u>Lesson 16</u> <i>Introduction to Romantic Relationships: Remembering Romance</i>  <u>Lesson 17</u> <i>Influences on Love</i>	<u>Lesson 16</u> <i>Introduction to Romantic Relationships</i>  <u>Lesson 18</u> <i>When Relationships Lead to Pressure</i>  <u>Lesson 19</u> <i>When Pressure Turns Violent: Date Rape</i>
<b>Sexuality</b>	<u>Lesson 28</u> <i>Introduction to Sexuality</i>	<u>Lesson 23</u> <i>Introduction to Sexuality: Sexual Myths or Facts?</i>	<u>Lesson 19</u> <i>What is sexuality?</i>  <u>Lesson 20</u> <i>When Sex Enters the Equation</i>	<u>Lesson 23</u> <i>Sexuality Through the Life Span</i>
<b>*Sexually Transmitted Diseases/Infections</b>	Lesson 30 <i>STI Basketball</i>	<u>Lesson 24</u> <i>STI Jeopardy</i>	<u>Lesson 23</u> <i>STI Handshake</i>	<u>Lesson 21</u> <i>Using Condoms Correctly</i>
<b>*Contraception</b>	<u>Lesson 29</u> <i>Talking About Abstinence</i>	<u>Lesson 25</u> <i>Pregnancy Probability</i>	<u>Lesson 21</u> <i>The Risk of Sexual Relationships</i>  <u>Lesson 22</u> <i>Basics of Contraception</i>	<u>Lesson 20</u> <i>Basics of Contraception</i>  <u>Lesson 22</u> <i>Teaching Peers About Contraception</i>